



**SIGN UP. DANCE. BURN CALORIES.**

**KINECT™**  
for  **XBOX 360**

**FITZONE**

HOOVER RECREATION CENTER

## Experience a Personal Zumba Class

Sign up for Zumba that fits your schedule (For Ages 15 and up)

Get a FREE orientation from staff. Daily one hour sessions available.

### ***Zumba® Fitness Core Features:***

- 40 new songs and routines
- 33 international dance styles from around the world
- Hot new choreography that's designed to sculpt stronger abs
- Dance your way through an exhilarating total body workout.
- Party your abs off™ as celebrity Zumba® instructors guide you.
- Dance routines set to contagious new Zumba® originals and a broader mix of smash hits from popular artists.
- Choose from 45 different pre-set classes or
- Customize your workout to suit your preference.
- Skip the crunches and dance your way to tight, toned abs with this innovative new interactive fitness experience!

**SEE THE FRONT DESK FOR ASSISTANCE**